



Partners in Healthy Living Community Leadership Team (CLT)

MINUTES

Pine Technical & Community College
Career Center Meeting Room 47B
Pine City MN 55063

Thursday, March 17, 2017, 2-4pm

Welcome & Introductions	<p>Welcome & Introductions</p> <p>Leona Dressel – Lakes and Pines, CAC, Melissa Carstensen – Isanti County Public Health, Hailey Freedlund – Pine County Public Health, Jolene Foss – City of Princeton, Alisha Fussy – Mille Lacs County, Natalie Matthewson – Region 7E Adult Mental Health Initiative (AMHI), Lori Swanson – Kanabec County Community Health, Lauren Williams – Pine Technical & Community College, Emma Shepard – Central MN Council on Aging (CMCOA)</p>
Sharing/Networking	<ul style="list-style-type: none"> • City of Princeton has started their community garden. They want to expand its 4x4 garden. • Jolene Foss shared that the Princeton City Council has prioritized promotion of the sale of the Aero Business Park lots the City owns and developing a parks and trails marketing plan as goals they would like to work toward in the near future, resulting in an improved quality of life. • Natalie attended a mental health event in Cambridge and had some questions regarding gaps in the area with children, schools and cost of activities in the community. One conversation came up with regard to the skating rink in Cambridge. The rink does not have any ice skates for those who cannot afford them. Perhaps a skate drive could be organized for skate donations through Isanti County and Allina Health. • A conversation was held regarding lowering the costs of some of the local events so that low income families could attend more activities in the area. • Melissa Carstensen asked Natalie Matthewson if anyone from Isanti County was attending the local mental advisory council meetings. It was suggested to send an email to Tony Buttacavoli to start a discussion on wellness and prevention in the mental health area. Each county holds a monthly Mental Health Local Advisory Council meeting. Here are the dates for the following Counties: <ul style="list-style-type: none"> ○ Isanti County – 2nd Tuesday of the month from 2-3 at the Isanti County Family Services – 1700 E Rum River Drive South in Cambridge ○ Kanabec County – 4th Wednesday of the month from 1-3 pm at the Kanabec County Public Services Building in room 101 – 905 Forest Ave East, Mora ○ Mille Lacs County – 3rd Thursday (every other month) Trinity Lutheran Church – 735 2nd Street SE, Milaca • Natalie shared the dates of the Health Fairs that CMCOA is hosting with other local organizations: <ul style="list-style-type: none"> ○ Wednesday March 22nd from 11am- 1pm -Milaca Evangelical Free Church ○ Tuesday April 4th from 3:30-5:30 pm - Faith Lutheran Church in Isanti ○ Tuesday April 18th from 9am-12pm - Pine City Armory ○ Tuesday April 20th from 9am-12pm – St. Mary’s Catholic Church in Mora ○ Tuesday April 25th from 10am-1pm – Cambridge City Center Mall • March 23rd from 1-3pm- Become a Dementia Friendly Champion- Our Redeemer Lutheran Church in Pine City. Register with Cathy Gilmore @ Cathygilmore@yahoo.com • April 10th from 9:30-11am- Best Practices form Optimizing Dementia Care – for Care Coordinators – FirstLight Health System in Mora

	<ul style="list-style-type: none"> • April 10th and 20th from 8am-9am – Best Practices to Simplify and Optimize Dementia Care For Providers – FirstLight Health System in Mora
Mini Grants	The partners reviewed and approved 16 mini grant applications.
Communications Training / Delivering Our Message	<ul style="list-style-type: none"> • Melissa Carstensen and Lori Swanson attended the State regional SHIP training. The topic was how to get SHIP's message out through communication and campaigns. Lori shared about identifying your audience and end goal, how to write the story and different statements and messaging. Each partner received a hand out to help guide that process. • Getting the message out about SHIP -partners are required to write a story about their success from their mini grant. • State has been active in creating some flyers for the legislative to show how SHIP is working. Each partner received copies of those flyers. • PiHL has created a new Fact Sheet that covers a six month period, highlighting its partners and their successes. The Fact Sheet has been uploaded and available on the PiHL website. Each partner was given a copy of the Fact Sheet. • There was a name change with the SHIP logo. • Partners received a flyer regarding a Kick-off Event promoting health and happiness sponsored by Allina Health and Anoka Ramsey Community College – April 11th – 7-8:30 p.m. at the Anoka Ramsey Community College – Cambridge Campus. Follow-up sessions – May 1st, May 22nd and June 12th. • CLT members will be receiving a Community Leadership Team Participant Survey which will be distributed via the Partners in Health Living Gmail (preferred method from those members in attendance today). Look for the survey coming out sometime in April.
Meeting Evaluation & Adjournment	<p>Attendees were asked to post a like and a wish from the meeting on the Bike Rack.</p> <p>Next PiHL meeting is Thursday, May 18th, 2017, in the Mora Jail meeting room from 2:00 – 4:00 p.m.</p> <p>Meeting adjourned at 4:00 pm.</p>