



Partners in Healthy Living Community Leadership Team (CLT)

Minutes

Isanti County Government Center
Cambridge, MN

Thursday, July 20, 2017, 2:00-4:00 PM

Welcome & Introductions	<p>Tony Buttacavoli - Isanti County Public Health, Melissa Carstensen – Isanti County Public Health Jolene Foss - City of Princeton, Hailey Freedlund – Pine County Public Health, Nick Gilmer – Intern with Isanti County, Natalie Matthewson – Region 7E Adult Mental Health Initiative (AMHI), Darcy Rylander - Cambridge Medical Center, Kam Schroeder - University of Minnesota Extension, Emma Shepard – Central MN Council on Aging, Lori Swanson – Kanabec County Community Health, Lauren Williams - Pine Tech & Com College and Deb Wright - FirstLight Health Systems</p>
Review 6 New Mini-Grant Applications	<p>The partners reviewed 6 mini-grant applications for approval.</p>
Health Equity Data Analysis	<p>A presentation of Health Equity Data Analysis (“HEDA”) and exploration of our community needs was presented to the partners. For a copy of the presentation, please contact Hailey Freedlund or Lori Swanson.</p>
Member Sharing/Networking	<p>Darcy Rylander</p> <ul style="list-style-type: none"> • CMC-Allina just finished up the second half of the National Diabetes Prevention Program (NDPP). It was discovered while pulling the data of those with pre-diabetes diagnosis and mailing letters from physicians was a huge success for participation in the program. There will be another round starting in August. Lori asked if the numbers can be sent to Melissa for reporting purposes. <p>Lori Swanson</p> <ul style="list-style-type: none"> • There was 100% compliance with the CLT survey. Results will be provided when available. • It is important to provide partner success stories to the state. So far we have received 14 success stories from partners. The 42nd mini grant was just funded this grant year. There approximately \$2,200 in funds remaining that must be used by the end of October. However the grant application process closed in July, so it needs to be determined what to do with the balance. It could be opened up to those who haven’t applied yet or move it around in the budget. <i>(It has been determined that funds will be reallocated to the HEDA project).</i> The directors are meeting on July 21 and will determine how much money will be allowable in the mini grant fund for next budget year. There are currently 52 partners and it may be necessary to look at those partners who have not received funding. • Lori Swanson requested partners to provide her with their success stories. The stories will be incorporated in a quarterly fact sheet which is required by the State. They will also be published in the newsletters, so please provide pictures for the article. <p>Jolene Foss</p> <ul style="list-style-type: none"> • The City of Princeton would like to thank PiHL for honoring their application for funding it its community garden. It was able to create 40 plots that could be leased out for \$10, unless there are income qualifications. There were also five raised beds built. There are

two different locations and a board of gardeners. There was an article published regarding the mini grant which included PiHL.

Deb Wright

- There is a massive expansion going on right now at FirstLight, therefore there will not be any meetings held at FirstLight for at least two years. There is a lot of stress happening in the workplace because of displacement from the expansion. Multiple people are sharing office space. FirstLight will be focusing on its staff and managing their stress by adding a little bit more fun into the workday. The expansion will include a FirstLight Community Wellness Center.
- The gift shop is now stocking healthier items for staff to choose.
- Also working on healthier vending machines which include an outline on the machine of healthier choices. It's been a wonderful experience working with the vending company and it has been a learning process for the company because more workplaces are looking for healthier choices.
- Healthy Tool Kits were made for five families in Pine County. It included \$100 of Pine County Farmer's Market bucks, a water bottle, pedometer, salad shaker, veggie pizza cutter, hot pads and divided plates for portion control for children, what's healthy, promoting produce and lots resources provided. A survey was provided by Pine County regarding healthy eating.

Natalie Matthewson

- There have been a lot of articles in the newspapers regarding the Crisis Connection line shutting down in Region 7E. Now all calls coming in from 8 a.m. to 5 p.m. will be transferred to Cambridge and North Branch to a mobile crisis team. Crisis Connection will continue to answer calls after 5 p.m., weekends and holidays. Three mental health agencies will be doing the crisis on-call.
- Also funds are being reallocated for tuition reimbursement for psychiatric medication management education.
- A five day crisis intervention training is being provided for law enforcement in September. The training will be held in Cambridge and also available to staff. Looking for funding to offset cost of sending law enforcement to the week-long training.

Emma Shepard

- CMCOA has been working with its dementia friendly communities.
- Pine City will be moving through its last phases of the tool kit.
- There is lots of education planned before the end of its funding in January.
- Princeton is also becoming dementia friendly through its community coordinator and moving forward with an action team. It involves all facets of the community receiving education to prepare for the age-waive that is upon us.
- There is a new healthy living coordinator in the 14 county area to bring together our evidence-based class program coordinators who are trained and where those trainings are being held to encourage healthy aging and being proactive and preventative.

Tony Buttacavoli and Darcy Rylander

- The 18 month, 2015 State Dementia Grant (\$140,000) to the Minnesota Board on Aging grant is complete. The county was awarded a second grant for one year in the amount of \$80,000 for dementia work. Allina was a big part in getting the funds through its pilot program which is adding into their medical records a drop down area for referrals for people who are diagnosed with dementia which are having cognitive issues and trying to get patients and their carriers connected sooner.

	<ul style="list-style-type: none"> • The Administration on Community Living is offering Federal grants. Allina has applied to these grants also. There are four other communities looking at expansion. There is a staff member assigned to Senior Linkage to follow up with individuals at a faster timeframe to help get people connected sooner through screening, diagnoses, and through electronic health records. • Isanti County in conjunction with the Health Department is trying to become the first “milk depot” in the whole state for moms who are breastfeeding to donate their breastmilk. It would be a drop off site. There are only two others in the state – North Memorial and University of Minnesota Campus. The milk is sent to Iowa for pasteurizing and health screening and then redistributed to users throughout the state. Last piece to finalize is with the insurance providers.
<p>Meeting Evaluation & Adjournment</p>	<p>Attendees were asked to post a like and a wish from the meeting on the Bike Rack.</p> <p>Next PiHL meeting is Thursday, August 3rd, 2017 in Milaca, from 2:00 – 4:00 pm</p> <p>Meeting adjourned at 4:00 pm.</p>