



Partners in Healthy Living Community Leadership Team (CLT)

Minutes

Isanti County Government Center
Lower Level - EOC Room
Cambridge, MN 550008

Thursday, November 16, 2017, 2:00-4:00 PM

Welcome & Introductions	<p>Brandy Buro - University of Minnesota Extension, Melissa Carstensen – Isanti County Public Health, Hailey Freedlund – Pine County Public Health, Alisha Fussy – Mille Lacs County, Nicole Klanderud - Cambridge Medical Center , Natalie Matthewson – Region 7E Adult Mental Health Initiative (AMHI), Darcy Rylander - Cambridge Medical Center, Kam Schroeder - University of Minnesota Extension, Lori Swanson – Kanabec County Community Health, Emma Shepard – CMCOA.</p>
Now Pow Presentation by Nikki Klanderud, Allina Health - Cambridge Medical Center	<p>Center for Medicare and Medicaid Services (“CMS”) has come into a federal agreement with Allina to partner and provide additional clinic to community linkages using the CMS Accountable Health Communities (AHC) Model. It is a five year agreement with CMS to address if social needs actually impact people’s health quality of care, normalization and cost. Allina was awarded \$2.5 million for five years. It was one out 32 grantees nationwide and the only one in the state of Minnesota awarded. By February 1st all of the Allina clinics and three hospitals (Cambridge Medical Center, Mercy/Unity and Regina in Hastings) will be on board.</p> <p>A video was shown to the partners regarding “All Things are Possible.”</p> <p>One strategy that needs development is whole person care, consisting of mind, body, spirit and community. Assessment and screening will be provided in different areas at the hospital level: emergency, inpatient mental health and mom/baby. The assessment is only offered to Medicare, Medicaid and Dual Eligibility patients. Every year 75,000 patients are screened. Navigation to community resources has to be provided to 2,048. Now Pow is company that will help develop the screening with 19 questions to help determine local resources for client, which include:</p> <ul style="list-style-type: none"> • Housing instability • Food insecurity • Difficulty paying utility bills • Interpersonal violence • Transportation <p>The partners were asked to provide Nikki with any local resources and guides within the region that would be beneficial.</p>
Sharing/Updates	<ul style="list-style-type: none"> • The partners were provided with an updated Partner Map. • Work plans have been approved by the State. • Some mini grants funds can be carried over to June 2018. • Suggestions for promo items were ordered: jump rope, salad shaker, fun flyers, veggie brushes and cutting boards. • Hailey Freedlund will be attending smarter lunchroom training at the end of November. • Kam Schroeder is working on a distance learning project with a team of extension educators and supervisors to develop an on-line website for community members to access curriculum. It will include videos showing how to prepare recipes, physical activities

	<p>and exercises, and a grocery store tour at the Coborns in Isanti. It should be ready in early 2018. Additional education and/or resources regarding SNAP Ed would be appreciated.</p> <ul style="list-style-type: none"> • Darcy - The Neighborhood Health Education Grant is now open. Applicants need to be a nonprofit organization. They need to be located in the five county area. It needs to be a healthy activity bringing the same group of adults at least six times. The application is online. Deadline is February 21st, up to \$10,000. The application information will be added to the monthly newsletter. • Darcy Rylander- Starting the week of November 20th we will be reaching all the 7th graders at Cambridge Middle School with the Change to Chill program and on November 21st with the Princeton District. Previously met with the ALC. Kari from the Refuge sat in on the Change to Chill program to learn the curriculum. • Natalie Matthewson - working on follow up from the Community Mental Health Forum that was held in October at the Grand Casino, Hinckley. There was a lot of interest in having more formalized conversations for improvement by using Allina’s dementia project as an example. MDH will be moving forward with Innovation grants which includes collaboration. Will be giving a presentation to the governing board showing the value. • Natalie Matthewson – The health fair in Sandstone had 150 people attend. • Natalie Matthewson –the region is looking for funding to build a supporting positive complex in North Branch. • Melissa Carstensen– There will be a certified lactation five day training course “CLC” training in Mora, May 7-11, 2018. The information will be provided in next month’s newsletter.
<p style="text-align: center;">Health Equity Data Analysis</p>	<p>A slide presentation regarding Health Equity Data Analysis was presented to the partners. A copy of the presentation can be provided by Lori Swanson. Feedback was requested from members to add any additional information to the following:</p> <p>Qualitative Questions: E Cigarettes:</p> <ul style="list-style-type: none"> • How old were you when you first started using e-cigarettes? • Why did you start smoking e-cigarettes? • Can you describe their appeal? • How do you access or purchase your e-cigarettes? • Why do you choose to smoke e-cigarettes vs. traditional cigarettes, or do you use both? <p>Additional Questions/Feedback:</p> <ul style="list-style-type: none"> • Do your parents know or/and approve of your use? • Where do you generally use e-cigarettes? • How does your home environment impact your use? • How does your school environment impact your use? • How do your parents feel about using? • How do your peers feel about using? • What health concerns do you have regarding using e-cigarettes? • How do you hear about e-cigarettes? • How did you see advertising of e-cigarettes? <p>What kind of incentives can be given to youth to answer survey questions:</p> <ul style="list-style-type: none"> • Gas cards • Target gift card • Chipotle gift card • Food • Coffee shops gift card

	<p>How/where to access youth:</p> <ul style="list-style-type: none">• Family Teen Centers – Princeton/Mille Lacs• Focus groups <p>Parental consent to participate will be needed.</p> <p>Will privacy data need to be honored?</p>
Meeting Evaluation & Adjournment	<p>Attendees were asked to post a like and a wish from the meeting on the Bike Rack.</p> <p>Next PiHL meeting is Thursday January 18, 2017 in Milaca, from 2:00 – 4:00 pm</p> <p>Meeting adjourned at 4:00 pm.</p>