

Braham

FREE Traveling Health & Screening Fair

Monday - April 8, 2019

12:00 pm - 3:00 pm

Braham Event Center
655 Eighth Street SW
Braham, MN 55006

Free information will be available to assist you in remaining healthy, active, and prepared for the future!

Partnership of: Tusen Tack/Braham Event Center, Friends of Alice Studt Library, Central MN Council on Aging, Family Pathways, Lakes and Pines Community Action Council, Catholic Charities, Miracle Ear, Anoka Ramsey Community College, Allina Health, Honoring Choices MN, Consumer Directions, and Mid MN Legal Aid



- **Balance**
- **Blood Pressure**
- **Memory**
- **Diabetes**
- **Stroke**
- **Nutrition**
- **Hearing**
- **Mental Health**
- **Sleep**
- **Health Care Directives**

FOR
PEOPLE
AGE
50 +



cmcoa

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Help Is Closer Than You Think



Call Senior LinkAge Line® at
1-800-333-2433 for phone assistance
Monday thru Friday or to schedule an in-person visit
with a Senior LinkAge Line® Specialist in Cambridge.

Cambridge Senior LinkAge Line® Site

**1575 First Avenue East
Cambridge, MN 55008**



MINNESOTA'S LINK TO A LOCAL EXPERT

Funded in part by MN Board on Aging